Costa Rican Wellness Break

Factbox	
Prices start from :	£ 3,659
Travel between :	10 Nov 24 and 10 Nov 24
Rating :	5 Star Icon
Board Basis :	As per Itinerary
Duration :	7 nights
Book by :	30 Jun 24
Includes :	Direct flights with British Airways from London Gatwick 4 Nights stay at Tabacon Thermal Resort & Spa in an Orchid Room with Bed & Breakfast 3 Nights stay at The Retreat Costa Rica - Wellness Resort & Spa in a Deluxe Room on Full Board Basis Immersive wellness package Included (Organic Breakfast, Lunch and Dinner daily at Boca Dulce Restaurant with Personalized menu Morning Flow Yoga, Afternoon Restorative Yoga, Daily Guided Hikes in Nature, One Spa Treatment per stay per person, Cooking Classes three times per week Access to Vida Mia Healing Center and Spa, Customized Spa Itinerary, Fitness Studio, Complimentary Wi-Fi Private Transfers Throughout



Detailed Itinerary

Updrage:

Elevate Your Stay to a Luxury Loft room at The Retreat Costa Rica for £469pp

Hotels featured:

Tabacon Thermal Resort and Spa 5*
The Retreat Costa Rica - Wellness Resort and Spa 5*

Tabacon Thermal Resort and Spa

A Unique Retreat offering the combination of the energy of the volcano, the flowing waters of the hot springs, and the fresh air of the rainforest! The Tabacón experience includes unlimited access to the mineral natural hot springs of the property. Water flows by gravity throughout the property, forming in-river pools, waterfalls, and cascades, filling in the pools throughout the resort. These natural pools are located along walking trails surrounded by steaming tropical gardens; temperatures range from 25 to 38 degrees Celsius (77 to 102 F). Located in a secluded section, Shangri-La Gardens is an area of six natural thermal mineral spring water pools, exclusively for adults. The Spa at Tabacón offers an incomparable experience featuring local ingredients. Volcanic mud, coffee, or coconut are used in different treatments, from messages to exfoliators and wraps.

Why Tabacon Thermal Resort and Spa?

Discover the area's water adventures with rafting and boat tours nearby, or enjoy the great outdoors with rock climbing and ziplining Located close to Go Adventure Park and Mistico Arenal Hanging Bridges Park, Tabacón Thermal Resort & Spa provides a swim-up bar, a terrace, and shopping on-site.

Treat yourself to a manicure/pedicure, aromatherapy, or a body scrub at The Grand Spa, the on-site spa

Enjoy international cuisine, garden views, and a poolside location at the two on-site restaurants

Yoga classes are offered at the gym; the property also has a garden, a hair salon, and dry cleaning/laundry services

Free in-room WiFi is available to all guests, along with a bar and a sauna

An outdoor pool and a children's pool, with a waterslide and a swim-up bar

The Retreat Costa Rica - Wellness Resort and Spa

Experience the healing energies of a Costa Rica wellness retreat located in a rainforest and a crystal quartz mountain – a world-class, nature-inspired, holistic healing oasis that will nourish and renew your mind, body, and soul. The Retreat Costa Rica is the innovation of celebrity chef, best-selling author, and health and wellness life coach, Diana Stobo. Her goal was to create a transformational wellness center that has since become a distinctively Costa Rican experience of "Heaven on Earth" - a resort and spa where our guests experience a harmony of nature, nutrition, and wellness nestled among the lush vegetation of the rainforest.

Why The Retreat Costa Rica - Wellness Resort and Spa?

Active travelers can enjoy ecotours at this hotel. Indulge in a deep-tissue massage, a facial, and a body treatment at Vida Mía Spa Enjoy local and international cuisine, a poolside location, and garden views at the two onsite restaurants Yoga classes are offered at the gym; the property also has shopping on site, a fire pit, and a garden In addition to a library and dry cleaning/laundry services, guests can connect to free in-room WiFi 2 outdoor pools with sun loungers and pool umbrellas Outdoor furniture, concierge services, and luggage storage

Prices and Departures:

Deposit £125pp

Unlock Your Own Space - Single Supplement for £769pp Y14074 London Gatwick Direct flights from £3659pp Y14078 Manchester from £3569pp Y14080 Glasgow from £3799pp

Terms and Conditions:

Based on 2 Adults Sharing Subject to Availability

How to Book?

CALL 0208 585 4020 Email holidays@travelpack.com